

Rideau Canal Kemptuille Merrickuille Jasper CYCLING ITINERARY





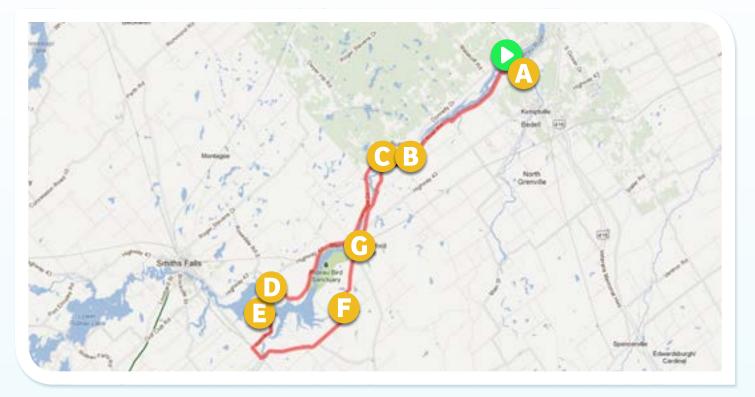
EXPERIENCE RATING MODERATE



76KM (47M)

The **Great Walerway** South Eastern Ontario

CYCLING ITINERARY





Cycling route: 76km (47 miles)

Cycling in: The Great Waterway, Leeds Grenville

Number of days cycling: 1

Recommended number of nights stay: 2

Experience rating: moderate

This route starts in Kemptville from the Rideau Glenn Golf Course and loops around to Jasper and Merrickville, then back to Kemptville. The Locks This Way Lollipop offers cyclists a great introduction to the Rideau Canal lock stations system as it touches on several of the smaller lock stations along the Rideau Heritage Route. You will be cycling along the beautiful waterway for a large portion of this tour. This route also has optional stops at apple orchards and a visit to one of eastern Ontario's hot spots for artists and art galleries the quaint village of Merrickville.

Up for more of a challenge? This 76km circle joins up with the 125km Rideau Canal Cycling Itinerary: Westport - Delta - Jasper route, making a 201km loop that allows you to explore all of Leeds Grenville.





CYCLING ITINERARY

Logistics

Distance

76km (47 miles)

Roads

- Country roads quiet along most sections.
- Few paved shoulders some wider than others.
- Flat.
- Suitable for all types of bicycles.

Cautions and Notes

 Short stretches along Highway 43 can be busy with summer traffic.

Parking and Transportation

- Rideau Glenn Golf Course
- North Grenville Municipal Centre

Services

KEMPTVILLE

- Bike Store: Sun Mountain Sports sales and service no rentals
- Accommodations
- Restaurants/cafés
- Convenience stores
- Gas stations
- Public washrooms
- ATM
- Shopping

MERRICKVILLE

- Accommodations
- Restaurants/cafés
- Convenience stores
- Public washrooms
- ATM
- Art galleries
- Shopping

JASPER

- Public washrooms
- ATM





CYCLING ITINERARY

Directions

A Okr	Start Rideau Glenn Golf Course, 3km from Kemptville	0	24km	Turn left onto Rideau River Road. You will find the Rideau Valley Conservation
C Okr	n Turn right onto River Road			Authority boat launch and stop along this stretch. No service.
12kr	n Turn right onto River Road/ County Road 23	C	31.5km	Turn left onto Highway 43 West. Again can be busy.
Burritts Rapids Lock Station				Turn left onto Kilmarnock Road (signs for Kilmarnock Road). Picturesque quiet roadway and Rideau Canal
12.5k	Turn right onto Grenville Street	0	32km	Lock Station stop close to a bridge overlooking the canal waterway, offering picnic tables and shade. You can also stop at Kilmarnock orchards.
C 12.5k	Upper Nicholsons Locks Station			
() 13kr	Turn left onto Donnelly Drive/ Regional Road 2 (signs for Merrickville/Smiths Falls)		32.5km	Kilmarnock Lock Station
16.5	Continue onto Heritage Drive/ County Road 2	0	35km	Kilmarnock Orchard
21.5 k	Continue onto Highway 43 West. Highway 43 can be a busy summer road but you	0	35km	Turn left to stay on Kilmarnock Road
U 21.5M	are only on it for two short distances	0	39km	Turn left onto County Road 17
				Continued

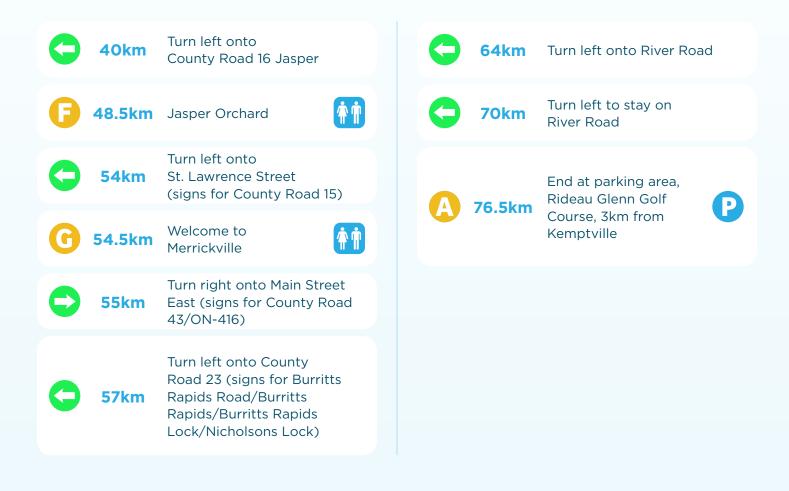






CYCLING ITINERARY

Directions (Continued)







CYCLING ITINERARY

Information Links

Rideau Canal Cycling Itinerary: Westport – Merrickville - Jasper, route map:

www.mapmyride.com/routes/view/60716638

The Great Waterway website: www.thegreatwaterway.com

For more information on the Rideau Heritage Route:

www.rideauheritageroute.ca

Leeds Grenville website:

http://www.leedsgrenville.com/en/visit/ thingstodo/Cycling.asp

For Welcome cyclists certified bicycle friendly accommodations, cafés, restaurants and more:

www.welcomecyclists.ca

Disclaimer

This map has been developed to assist in planning bicycle trips throughout The Great Waterway. All routes are on shared roadways and cyclists must use these streets with caution. Always wear the proper safety gear when cycling, ride sensibly and abide by all laws. Each route should be evaluated by each individual cyclist based on their level of experience, comfort level in cycling in traffic, weather conditions, time of day, and any road obstacles. The Great Waterway does not assume any liability whatsoever for bicyclists travelling upon these routes.



